

ALLI GREMILLION, LCSW

Telehealth, CA

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www.healthfulholistic.org

EDUCATION

MSW, PPSC in Mental Health @ San Jose State University

2018 - 2020

GPA: 4.0; Capstone project analyzed the impact of an expressive art therapy and social-emotional program on public school students' classroom performance.

BFA in Graphic Design @ Louisiana State University

2005 - 2010

GPA: 3.7; Activities: Reading Mentor, Camp Counselor, Art and Design Senator for Student Government, Tigers Against Trafficking, SIFE, Tau Sigma Delta Honor Society

TOP SPECIALTIES

Relationship issues
Peer relationships
Parenting or co-parenting
Siblings and twins
Mental health - mood disorders

TOP TREATMENT MODELS

Relational Life Therapy (RLT)
The Gottman Method
Emotionally Focused (EFT)
Internal Family Systems (IFS)
Somatic Experience (SE)
Trauma-informed
Psychodynamic / Relational
Attachment / Development
Ecological Systems
Cultural Humility
Solution-focused
CBT / DBT
Mindful Self-Compassion

EXPERIENCE

Licensed Clinical Social Worker (LCSW #128982)

Mar 2023 – Present

@ Healthful Private Practice

*@ Axis Mundi Center from March 2023 - June 2025

As a trauma-informed relational therapist, I guide couples, parents, and individuals toward meaningful relationship growth. My approach integrates RLT, the Gottman Method, and EFT, along with mind/body practices such as IFS and mindful self-compassion. I view relationships through the lens of trauma, attachment, development, ecological systems, mental health, and identities facing oppression.

Associate Clinical Social Worker (ACSW)

June 2021 – Jan 2023

@ Bay Area Clinical Associates (BACA) in Berkeley / San Jose

Worked closely with team of Psychiatrists, PhDs, MFTs, LCSWs, and Team Leads to facilitate group, family, and 1:1 therapy for Intensive Outpatient Program (IOP). IOP focused on 11-28 year old teens/TAY and their families struggling with high risk MH disorders, such as major depression, generalized anxiety, OCD, ASD, BPD, Bipolar I and II, SI/SA, NSSH, etc. Additionally, managed outpatient caseload, including individual, couple and family therapy, while reporting assessment, treatment plans, and outcomes in weekly team meetings.

School Social Work Counselor

Aug 2019 – June 2020

@ Oakland Unified School District (OUSD) in Oakland

Worked with the OUSD Behavioral Health Unit to provide school social work and counseling services to children and families. Provided weekly 1:1 and group therapy to 1st-5th graders at Crocker Highlands Elementary as well as 9th-12th graders at Skyline High School, Title I.

MSW Intern

Sept 2018 - May 2019

@ West Oakland Health Council (WOHC) in the East Bay

Worked with the Behavioral Health Department to provide clinical therapy and case management services to marginalized adults and children dealing with a diverse range of mental health issues in West and East Oakland. Ran a weekly social-emotional group for 1st-3rd graders at MLK Jr. Elementary in West Oakland, Title I.

Board of Directors & Program Committee Co-chair

May 2016 - Sept 2017

@ Super Stars Literacy (SSL) in Oakland

Volunteered weekly for in-and-after school program in Oakland, Hayward, and Newark low-income schools. Created plan with Director and Program Managers to improve English Language Learners and 2nd grader literacy. Created plan with Committee to standardize daytime program across schools. Finalized Program's five-year strategy 2021 with Board of Directors (BoD). Attended monthly BoD meetings and co-led bi-monthly Program Committee meetings. Setup volunteer hours and donations between 99d and SSL.

Head of Global Community Quality & Experience

Feb 2011 - Oct 2018

@ 99designs in San Francisco / Oakland

*Titles/tasks differed based on promotions

Established 99community by creating values, policies, support, and protection. Established, grew, and lead three global teams under Product, Marketing, and Support in the US, AU, Indonesia, and Philippines. Led community assessments, analyzed strengths/weaknesses, wrote proposals to facilitate solutions. Represented community's voice and heavily influenced company goals, prioritization, projects. Curated and segmented one million users into quality levels to better match with clients. Branded community into three levels to motivate and expose professionalism to global clients; this increased sales by 40%. Built educational programs to help self-taught designers grow skills while motivating top freelancers through advocate programs, campaigns, etc.